

# *Camp Ballibay 2023*

## *Staff Arrival Manual*

### *What's changing due to Covid-19?*

Our goal is to have as close as possible to “normal camp,” but there will still need to be a few changes to reduce as much as possible the risk of Covid-19 transmission. As we've discussed with many of you, we are not attempting to *eliminate* risk, we are *mitigating* risk to create a presumptively Covid-safe situation while preserving as much as possible the joys of camp and the much-needed social interaction and feeling of freedom that you want and expect from summer camp.

Our plan is as follows:

1. **Ballibay will *not* be a quarantined campus this summer.** After two difficult summers as a quarantined campus, we are thrilled to be able to allow staff to go off-campus during their time off. While we are allowing you to go off-campus we want to remind you to take the utmost precautions. Please wear a mask when you go off-campus and avoid large group settings when at all possible. We trust that you take the safety of our community seriously and will take all necessary steps to help mitigate risk.
2. **Vaccination:** All members of our community must be “fully vaccinated” against Covid: having received both doses of a two-dose Covid vaccine, or a single-dose vaccine, at least one month prior to arrival. Please email your proof of vaccination to [annie@ballibaycamps.com](mailto:annie@ballibaycamps.com)
3. **The test before camp:** Please take a rapid Covid-19 test on your way to camp. If your test is positive, please let us know right away so we can adjust your start date.
4. **The test upon arrival:** We will provide you with an Covid rapid test to be taken upon your arrival to ensure you are negative before coming on campus.
5. **Risk Testing:** If we feel there is the risk of a Covid infection, due to an elevated temperature or any other factor, we will apply a Rapid Test to rule out Covid.
6. **If a Staffer Tests Positive:** If you test positive on the rapid antigen test, we will comfortably quarantine you. We have a large campus – nearly 180 acres – so even in quarantine you will be able to go outside masked and socially distanced. You will stay in quarantine for five days.

### *Required: Medication Packing*

If you are a cabin counselor, or living in the same building with children), before you arrive at camp you will need to pre-pack any medications, vitamins, or supplements you will be taking.

You can pack them into individual pill pouches such as these: <https://ballibay.family/PillPouch> or blister packs such as these: <https://ballibay.family/BlisterPack>

This is required by law in Pennsylvania.

You need to pack for the whole summer; so, if you take medications twice daily (for instance: morning and night), you'll arrive at camp with 126 pre-packed, labelled pill pouches (9 weeks x 7 days x 2 times a day). Please be sure

to budget time for this.

Each pouch needs to be labelled in permanent marker with your name and the time of day it is to be taken. If you take the same thing every day, there is no need to add a day or date; however, if you have a medication that changes from day to day or over the course of a month, label each pouch with either the day of the week or the exact date it is to be administered.

Your pre-packed meds will be stored securely and distributed to you at the proper time daily (usually during meals) by the camp health staff.

If you have PRN (as needed) medications, these do not need to be individually packed; they will be held by the camp health staff and distributed to you as needed (typically right after breakfast or right after dinner; but also at any time of the day if it is important).

Even if you only take vitamins or supplements, this is required. No medications or pills of any type may be kept in the cabin areas.

## *Required: Staff Medical Form & Infectious Disease Waiver/Agreement*

Please be sure to send your medical form and infectious disease waiver/agreement to camp before you arrive. This medical form does not require a doctor's visit or signature, but please fill it out thoroughly. We must have a signed copy of the Infectious Disease Waiver and Agreement at the camp before your arrival.

Mail to: 1660 Ballibay Road, Wyalusing, PA 18853 or email: [annie@ballibaycamps.com](mailto:annie@ballibaycamps.com)

## *Required: Hearing Protection*

If you are a rock counselor or instrumental/vocal music counselor, or if you plan on using the rock studios on your time off, you must pack high quality hearing protection for any work you do in the rock area (instrumental/vocal music counselors will often be coaching brass sections, string sections, keyboardists, and occasionally vocalists in the rock program, so you will likely spend some time in rock band rehearsals). Each rock studio is equipped with a Sound Pressure Level (SPL) meter, and when the volume of a rehearsal rises past a certain threshold, all participants must wear hearing protection if they wish to remain at the rehearsal.

Something like this is recommended: <https://ballibay.family/EarPeace>

## *Internet Access*

We do have internet access at camp, but as it is satellite internet its speed is weather-dependent, and occasionally it will go down for 6-12 hours at a time. Rain is almost certain to knock it out, but also high atmospheric conditions that are not visible can cause slowdowns and outages. So, if you do not have an ATT or T-Mobile phone that generates a Wi-Fi hotspot, you may want to consider getting a prepaid ATT SIM card for your phone, tablet, or hotspot: <https://ballibay.family/att> - and if you don't have a hotspot, ATT offers several compatible ones: <https://ballibay.family/hotspot>

## *Download before you come!*

*Since the internet access is somewhat intermittent, you'll want to bring all your favorite media with you. Be sure to download movies, music, audiobooks, games, etc... before you leave for camp.*

*Staffers will want to keep as much bandwidth as possible on nights off for Zoom and Skype, so streaming and*

*downloading at camp should be kept to a minimum out of consideration for those who are using the internet to stay in touch with friends and family.*

## *Cabin Naming*

*Out of respect for our many nonbinary campers and staff, we've re-named our cabin areas. What has historically been known as the "girls' area" is now referred to as the "Up the Hill" cabin area, and cabins are numbered U1, U2, U3, etc... instead of G1, G2, G3. Similarly, the "Down the Hill" cabin area is the new name for the living area where most kids and staff use he/him pronouns, and the cabins are now D1, D2, D3, etc...*

## *Visitors*

*Any visitors on the Ballibay campus must wear a mask. This includes parents or friends dropping off or picking up staff. Please do not invite visitors on-campus without first speaking to a camp director. We are at capacity in both housing and the dining hall, and it is difficult to accommodate visitors throughout the sessions.*

## *Post-camp Work*

*There are a few positions available for post-camp cleanup and shut-down week (affectionately called "post-grunge") after the campers leave in August. If you are interested in adding this to your contract, please get in touch with Sarah.*